



BEHAVIOR CHECKLIST

Dear Teacher or Caregiver:

Mindful Behavioral Healthcare is a multidisciplinary private practice providing counseling services to children, adolescents, adults, and their families.

We offer group and marital therapy, parent workshops on assertive discipline, stress management programs (Mindfulness Based Stress Reduction) utilizing traditional psychiatric/psychotherapeutic techniques, and alternative medicine techniques to provide a comprehensive approach integrating all aspects of our being.

We are requesting needed and time sensitive information in order to assess and provide treatment to the child/adolescent identified below. Your cooperation and feedback is appreciated.

Sincerely,

Mindful Behavioral Healthcare

I, _____ parent/guardian of _____ authorize his/her
 Name of parent Name of child/adolescent

teacher/school staff to complete the requested information to assist in the evaluation/treatment of his/her emotional/behavioral needs.

 Parent/Guardian Signature

 Date

Please complete and return to parent/guardian

Child's Name:	Age:	Grade:	Sex:	Race:
School:	This form filled out by: Name: _____ Date: _____ ___ Teacher ___ Counselor ___ Other (specify) _____			

Current School Performance**I. List academic subjects taught and check appropriate column**

Academic Subject	Far below grade	Somewhat below grade	At grade level	Somewhat above grade	Far above grade

II. Compared to typical students of the same age

	Much Less	Somewhat Less	About Average	Somewhat more	Much More
1. How hard is he/she working?					
2. How appropriately is he/she behaving?					
3. How much is he/she learning?					
4. How happy is he/she?					

III. Most recent achievement test score (if available)

Name of Test	Subject	Date	Percentile of grade level

IV. IQ, readiness, or aptitude test scores (if available)

Name of Test	Date	IQ or Equivalent Score

V. Please feel free to write any comments about the student's school work, behavior, learning potential/problem, any issues not identified in the following checklist. (may use additional pages if needed)

VI. Instructions:

Below is a list of items that describes the student. For each item, there is a scale of 1-5, circle #5 if you strongly agree and circle #1 if you strongly disagree. Please identify if the behavior is current or within the last two months.

1 2 3 4 5	1. Acts too young for his/her age	1 2 3 4 5	30. Too tearful or anxious
1 2 3 4 5	2. Hums or makes other odd noises in class	1 2 3 4 5	31. Feels dizzy
1 2 3 4 5	3. Argues a lot	1 2 3 4 5	32. Feels too guilty
1 2 3 4 5	4. Fails to finish things he/she starts	1 2 3 4 5	33. Talks out of turn
1 2 3 4 5	5. Behaves like opposite sex	1 2 3 4 5	34. Overtired
1 2 3 4 5	6. Defiant talks back to staff	1 2 3 4 5	35. Overweight
1 2 3 4 5	7. Bragging boasting		36. Physical problems without known medical causes:
1 2 3 4 5	8. Can't concentrate or can't pay attention for too long	1 2 3 4 5	a) Aches or pains
1 2 3 4 5	9. Can't get his/her mind off certain thoughts	1 2 3 4 5	b) Headaches
1 2 3 4 5	10. Can't sit still, restless, or is hyperactive	1 2 3 4 5	c) Nausea, feels sick
1 2 3 4 5	11. Sees things Describe:	1 2 3 4 5	d) Problems with eyes Describe:
1 2 3 4 5	12. Complaints of loneliness	1 2 3 4 5	37. Physically attacks people
1 2 3 4 5	13. Confused or seems to be in a fog	1 2 3 4 5	38. Picks nose, skin or other parts of body
1 2 3 4 5	14. Cries a lot	1 2 3 4 5	39. Sleeps in class
1 2 3 4 5	15. Fidgets	1 2 3 4 5	40. Apathetic or unmotivated
1 2 3 4 5	16. Cruelty, bullying, or meanness to others	1 2 3 4 5	41. Poor school work
1 2 3 4 5	17. Day-dreams or gets lost in his/her thoughts	1 2 3 4 5	42. Poorly coordinated
1 2 3 4 5	18. Deliberately harms self or attempts suicide	1 2 3 4 5	43. Prefers being with older children
1 2 3 4 5	19. Demands a lot of attention	1 2 3 4 5	44. Prefers being with younger children
1 2 3 4 5	20. Destroys his/her own things	1 2 3 4 5	45. Repeats certain acts over and over
1 2 3 4 5	21. Destroys property belonging to others	1 2 3 4 5	46. Refuses to talk
1 2 3 4 5	22. Difficulty following directions	1 2 3 4 5	47. Disrupts class discipline
1 2 3 4 5	23. Disobedient at school	1 2 3 4 5	48. Screams a lot
1 2 3 4 5	24. Disturbs other students	1 2 3 4 5	49. Secretive, keeps things to self
1 2 3 4 5	25. Doesn't get along with other students	1 2 3 4 5	50. Clings to adults or is too dependent
1 2 3 4 5	26. Doesn't seem to feel guilty after misbehaving	1 2 3 4 5	51. Self-conscious or easily embarrassed

1 2 3 4 5	27. Easily jealous	1 2 3 4 5	52. Messy work
1 2 3 4 5	28. Eats things that are not food	1 2 3 4 5	53. Fears going to school
1 2 3 4 5	29. Fears certain animals, situations, or places other than school Describe:	1 2 3 4 5	54. Behaves irresponsibly Describe:
1 2 3 4 5	55. Fears might think or do something bad	1 2 3 4 5	89. Speech problems Describe:
1 2 3 4 5	56. Feels he/she has to be perfect	1 2 3 4 5	90. Stares blankly
1 2 3 4 5	57. Feels or complains that no one loves him/her	1 2 3 4 5	91. Feels hurt when criticized
1 2 3 4 5	58. Feels others are out to get him/her	1 2 3 4 5	92. Steals
1 2 3 4 5	59. Feels worthless or inferior	1 2 3 4 5	93. Stores up things he/she doesn't need Describe:
1 2 3 4 5	60. Gets hurt a lot, accident prone	1 2 3 4 5	94. Tardy to school or class
1 2 3 4 5	61. Gets in many fights	1 2 3 4 5	95. Sulks a lot
1 2 3 4 5	62. Hangs around others who get in trouble	1 2 3 4 5	96. Stubborn, sullen or irritable
1 2 3 4 5	63. Gets teased a lot	1 2 3 4 5	97. Sudden changes in mood or feelings
1 2 3 4 5	64. Hears things that aren't there Describe:	1 2 3 4 5	98. Strange ideas Describe:
1 2 3 4 5	65. Impulsive or acts without thinking	1 2 3 4 5	99. Suspicious
1 2 3 4 5	66. Likes to be alone	1 2 3 4 5	100. Swearing of obscene language
1 2 3 4 5	67. Lying or cheating	1 2 3 4 5	101. Talks about killing self
1 2 3 4 5	68. Bites fingernails	1 2 3 4 5	102. Underachieving, not working to his/her potential
1 2 3 4 5	69. Nervous or tense	1 2 3 4 5	103. Talks too much
1 2 3 4 5	70. Nervous movements or twitching Describe:	1 2 3 4 5	104. Strange Behavior Describe:
1 2 3 4 5	71. Over conforms to rules	1 2 3 4 5	105. Too concerned with neatness
1 2 3 4 5	72. Not liked by other students	1 2 3 4 5	106. Fails to carry out assigned tasks
1 2 3 4 5	73. Teases a lot	1 2 3 4 5	107. Truancy or unexplained absence
1 2 3 4 5	74. Temper tantrums or hot temper	1 2 3 4 5	108. Underactive, slow moving, or lacks energy
1 2 3 4 5	75. Seems preoccupied with sex	1 2 3 4 5	109. Overly anxious to please
1 2 3 4 5	76. Threatens people	1 2 3 4 5	110. Is afraid of making mistakes
1 2 3 4 5	77. Unhappy, sad or depressed	1 2 3 4 5	111. Unclean personal appearance
1 2 3 4 5	78. Usually loud	1 2 3 4 5	112. Withdrawn, doesn't get involved with others

1 2 3 4 5	79. Uses alcohol or drugs Describe:		113. If student takes medication for his/her mood or behavior, please indicate your observations on how this is affecting the school performance: <hr/> <hr/> <hr/> <hr/> <hr/> <div style="text-align: center;">THANK YOU</div>
1 2 3 4 5	80. Dislikes school		
1 2 3 4 5	81. Whining		
1 2 3 4 5	82. Worrying		
1 2 3 4 5	83. Showing off or clowning		
1 2 3 4 5	84. Shy or timid		
1 2 3 4 5	85. Explosive and unpredictable		
1 2 3 4 5	87. Demands must be met immediately, easily frustrated		
1 2 3 4 5	88. Inattentive, easily distracted		