



Frequently Asked Questions

NeuroStar TMS –Transcranial Magnetic Stimulation

What is NeuroStar TMS?

NeuroStar TMS stands for “Transcranial Magnetic Stimulation.” TMS is a medical procedure that works by delivering highly focused MRI-strength magnetic pulses to noninvasively (without surgery) stimulate the brain and treat major depression. This magnetic field stimulates the neurons and shows depression symptom relief. Patients being treated with NeuroStar TMS do not require anesthesia or sedation. They remain awake and alert and return to work or their daily routine immediately after each treatment.

Benefits and advantages of TMS

- Treatment that does not involve medications or surgery
- Outpatient treatment
- Statistically and clinically significant improvement in depression symptoms
- No interruption to daily schedule
- No anesthesia
- No undesirable effects on cognition
- Few or no side effects (most common side effects are a mild headache and/or scalp discomfort)
 - Less than 5% of patients discontinued treatment due to side effects in a recent study
- Safe and tolerable
- Patients do NOT have to stop taking medication in order to receive TMS
- FDA cleared

Am I a good candidate?

The best way to determine if NeuroStar TMS is right for you is by speaking with your doctor or a referring provider.

Eligibility: In order to ensure your safety, the following general requirements will need to be met prior to receiving TMS therapy:

- Currently diagnosed with treatment-resistant depression by a psychiatrist, physician, or qualified health care professional
- No foreign metal in the head or metallic/magnetic implants (most dental work is safe)

How often will I receive TMS therapy?

Generally, the initial course (acute phase) of treatment will involve at least **30 consecutive treatment sessions over a 6 week period (usually a 19-37 minute treatment session each day from Monday to Friday) plus 6 taper sessions**. Depending on your response, however, additional sessions may be recommended to achieve maximum response. Additional sessions would continue immediately following the acute phase.

Maintenance treatment. Maintenance treatment may be required in the future depending upon your individual needs.

Insurance: Benefits will be verified upon physician recommendation for treatment.

To refer or to schedule a consultation please call Shelby (407) 846-0533 option 7



Insurance Plans Covering NeuroStar TMS

Over 300 million patients have insurance policies that cover NeuroStar TMS Therapy through their health plans

- **CIGNA**
- **AETNA**
- **TRICARE (Standard and prime)**
- **United Healthcare/ UBH/OPTUM**
- **Blue Cross and Blue Shield**
- **Anthem Blue Cross and Blue Shield**
- **Capital Blue Cross**
- **Medicare**
- **Medicare Advantage plans**
- **Humana**
- **Psychcare**
- **Optima Behavior Health**
- **Baycare/Disney (self-funded plans)**